



Take Aim  
at a  
Healthy  
New Year

# 7 Questions About the COVID-19 Bivalent Booster

Answered by Health Quality Innovators Pharmacist Cindy Warriner, BS, RPh, CDCES

- 1 What does bivalent mean as it refers to the COVID-19 bivalent booster?**  
*Bivalent means that the vaccine protects you from the original COVID virus (SARS-CoV-2) as well as two of the variant strains – BA.4 and BA.5.*
- 2 Who should get the COVID-19 bivalent booster, and how many doses?**  
*People ages 5 years and older should receive one updated (bivalent) booster, including those who are moderately or severely immunocompromised. Everyone who is eligible should get one bivalent booster. See the QR code below to learn more.*
- 3 When should a person get the COVID-19 bivalent booster?**  
*Typically, a person is due for their COVID-19 bivalent booster at least 2 months after completing a primary series or after receiving a monovalent booster.*
- 4 Should you get the COVID-19 bivalent booster if you have had COVID-19?**  
*If you recently had COVID-19, you may consider delaying your next vaccine dose (primary dose or booster) by 3 months from when your symptoms started or, if you had no symptoms, when you first had a positive test. See the QR code below to learn more.*
- 5 Can you get the COVID-19 bivalent booster and the flu shot together?**  
*Absolutely, and it's a great way to prepare for the fall and winter flu season!*
- 6 Are you "Up to Date" after completing a primary series or getting a monovalent booster?**  
*You are "Up to Date" with COVID-19 vaccines if you have completed a primary series and got the most recent booster dose within the time frame recommended by the Centers for Disease Control and Prevention (CDC).*
- 7 Where can I get more information about when to get COVID-19 vaccines?**  
*Scan the QR code or contact the Health Quality Innovation Network team at 1-877-731-4746 or email LTC@hqi.solutions.*

