



The Healthy Children and Youth (HCY) Program provides service coordination and authorization for medically necessary services for MO HealthNet recipients with special health care needs from birth to age 21. The Bureau of Special Health Care Needs (BSHCN), the Bureau Long Term Services and Supports (LTSS) and the Department of Mental Health (DMH) work in collaboration to provide a smooth transition for HCY participants who are moving to MO HealthNet adult coverage at the age of twenty-one (21) and will no longer qualify for HCY services. All three offer services for participants twenty-one (21) years of age and older.

HCY Service Coordinators (SC) will begin discussing transition options with the participant/responsible party at least one year prior to the participant's twenty-first (21st) birthday. HCY SCs will offer to schedule interagency transition meetings for all participants aging out of HCY, who are eligible for the Medically Fragile Adult Waiver (MFAW) Program. This allows participants and families to learn about all agency/program options available to them. It is expected that participants receiving eighty (80) or more hours of Private Duty Nursing (PDN) per week, will not have a multi-agency transition meeting as their skilled needs require PDN services that are only available through the MFAW Program within SHCN. Participants receiving only Advanced Personal Care Assistance/Personal Care Assistance (APCA/PCA), who are not eligible for MFAW, will be referred to available LTSS and DMH programs. LTSS and DMH will coordinate a joint transition meeting for those participants without SHCN representation.

SHCN maintains a list of participants who will age out of HCY. This list will be sent in the form of a spreadsheet to the available LTSS and DMH programs designated contact annually, to make them aware of upcoming HCY transitions. The following information is included on the list:

- County of Residence,
- HCY Regional Office,
- HCY SC,
- Participant Name,
- DCN,
- Date of Birth,
- HCY Authorized Services,
- Indicator of whether the participant is known to DMH,
- DSDS Region in which the participant lives, and
- DMH Regional Office area in which the participant lives.

Process:

- Annually, the SHCN contact will send a list of participants to the LTSS and DMH/DD designated contacts who will age out of HCY in the next twelve (12) months.
 - Any new HCY enrollments that will reach the age of twenty-one (21) within twelve (12) months of their initial enrollment and need a multiagency transition meeting will be sent to the contacts designated above as they are enrolled.
- Twelve months prior to the participant's twenty-first (21st) birthday: HCY SC will begin discussing transition information and multi-agency options with the participant/responsible party.
- Six (6) months prior to the participant's twenty-first (21st) birthday: HCY SC will schedule an interagency transition meeting to occur three (3) months prior to the participant's twenty-first (21st) birthday, for all participants who would benefit from receiving additional information regarding options offered through available LTSS and DMH programs, in order to make the most informed decision regarding their future services.
 - SHCN will not schedule or participate in transition meetings for participants who receive only APCA/PCA services and are not eligible for MFAW. The HCY SC will notify the LTSS and DMH programs contact of these referrals and inform the families those agencies will be reaching out to schedule a transition meeting to provide information about options available through each agency.

The transition meeting will be conducted with the participant/responsible party (preferably at a face-to-face home visit) with HCY (as applicable), LTSS and DMH contacts. The participant/responsible party can discuss options with all representatives and get their questions answered in order to make an informed decision regarding their future service options.