		AAEBI Dissem	ination Plan 202	0 - 2021		
Activity	Start Date	Complete Date	Audience	Lead Contributors	Status	Notes
Post Dissemination Plan @ MAOP & DHSS websites	7/1/20	9/30/20	Community organizations	Beth Richards, Jim Pruitt		
Present AAEBI course description and referral process through the MTN webinars.	7/1/20	6/30/21	Healthcare Workers	Beth Richards, RAC Coordinators,		
Develop presentation on AAEBIs, implementation and referral.	7/1/20	8/15/20	Community organizations, employers, healthcare providers, health plans	Beth Richards, RAC Coordinators		
Train staff as course leaders from 2 additional Missouri worksite wellness programs that complete Work @ Health 2020 training and are utilizing the CDC worksite scorecard to adopt and promote AAEBIs.	07/1/20	03/31/20	Employers	Beth Richards, MOCAN		
Provide technical assistance to AAEBI program leaders, including leader training, national course licensure	7/1/20	6/30/21	Program Leaders	Jim Pruitt, Beth Richards		

and data management for each AAEBI.					
Establish contracts for 7 regional arthritis centers to coordinate AAEBI implementation in their region.	7/1/20	7/1/20	Contractors	DHSS	
Identify potential adopters of AAEBI implementation and referral	7/15/20	8/30/20	Adopters	Beth Richards, Jim Pruitt, RACs	
Email the MAOP partner network to introduce the plan & recruit collaborators	8/1/20	8/10/20	Partners	Beth Richards	
Create new or identify existing CDC social media messages on AAEBI programs.	8/1/20	9/15/20	Persons with arthritis & other chronic conditions	Beth Richards, Jim Pruitt, DHSS Public Information	
Present the AAEBI Dissemination Plan and menu of AAEBI to RACs and University Extension staff.	9/15/20	12/31/20	RAC Coordinators, Extension Staff	Beth Richards	
Establish a verbal or written agreement with MCHCP with MCHCP & MO HealthNet to refer members to AAEBI.	10/1/20	6/30/21	Clinical Directors	Beth Richards, Jim Pruitt	

Release 3 social media messages on AAEBI per quarter.	10/1/20	6/30/20	Persons with arthritis & other chronic conditions	Jim Pruitt, Beth Richards, RAC Coordinators		
Identify and pursue innovative funding for sustainability of AAEBI.	7/1/20	5/31/21	Community organizations, employers, healthcare providers, health plans, etc.	Beth Richards, University of Missouri, University Extension		
Make AAEBI presentation to 2 potential adopters in each RAC region and 3 health plans.	10/1/20	6/30/21	Community organizations, employers, healthcare providers, health plans, etc.	RAC Coordinators, Beth Richards		
Develop fact sheet on arthritis related BRFSS data.	9/1/20	11/1/20	Partner Network	Jim Pruitt, DHSS Ofc. Of Epidemiology		
Post BRFSS fact sheet on MAOP and DHSS websites and email to partners	11/15/20	11/30/20	Partner Network, Public	Jim Pruitt, Beth Richards		
		AAEBI Dissem	ination Plan 202	21 - 2022		
Activity	Start Date	Complete Date	Audience	Lead Contributors	Status	Notes
Update dissemination plan	7/1/21	7/30/21	Community organizations	Beth Richards, Jim Pruitt		
Present AAEBI course description and referral process	7/1/21	6/30/22	Healthcare Workers	Beth Richards, RAC Coordinators,		

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through the MTN						
webinars.						
Train staff as course	07/1/21	03/31/22	Employers	Beth Richards,		
leaders from 2				MOCAN		
additional Missouri						
worksite wellness						
programs that complete						
Work @ Health 2020						
training and are utilizing						
the CDC worksite						
scorecard to adopt and						
promote AAEBIs.						
Provide technical	7/1/21	6/30/22	Program	Jim Pruitt, Beth		
assistance to AAEBI			Leaders	Richards		
program leaders,						
including leader training,						
national course licensure						
and data management						
for each AAEBI.						
Maintain contracts for 7	7/1/21	7/1/22	Contractors	DHSS		
regional arthritis centers						
to coordinate AAEBI						
implementation in their						
region.						
Update list of	7/15/21	7/15/21	Adopters	Beth Richards,		
potential adopters of				Jim Pruitt,		
AAEBI				RACs		
implementation and						
referral						
Create new or	8/1/21	9/15/22	Persons with	Beth Richards,		
identify existing CDC	0,1,21	3, 13, 22	arthritis &	Jim Pruitt,		
social media			other chronic	DHSS Public		
			conditions	Information		
messages on AAEBI			Conditions	iiiiOiiiiatiOii		
programs.						

Present the AAEBI Dissemination Plan and menu of AAEBI to RACs and University Extension staff.	9/15/21	12/31/22	RAC Coordinators, Extension Staff	Beth Richards	
Release 3 social media messages on AAEBI per quarter.	07/1/21	6/30/22	Persons with arthritis & other chronic conditions	Jim Pruitt, Beth Richards, RAC Coordinators	
Make AAEBI presentation to 2 potential adopters in each RAC region and 3 health plans.	10/1/21	6/30/22	Community organizations, employers, healthcare providers, health plans, etc.	RAC Coordinators, Beth Richards	
Update fact sheet on arthritis related BRFSS data.	9/1/21	11/1/21	Partner Network	Jim Pruitt, DHSS Ofc. Of Epidemiology	
Post BRFSS fact sheet on MAOP and DHSS websites and email to partners.	11/15/21	11/30/21	Partner Network, Public	Jim Pruitt, Beth Richards	
Email AAEBI sustainability tool to partners.	12/1/21	12/15/21	Partners, community organizations, employers, healthcare providers, health plans, etc.	Beth Richards	

AAEBI Dissemination Plan 2022 - 2023							
Activity	Start Date	Complete Date	Audience	Lead Contributors	Status	Notes	
Train staff as course leaders from 2 additional Missouri worksite wellness programs that complete Work @ Health 2020 training and are utilizing the CDC worksite scorecard to adopt and promote AAEBIs.	07/1/22	03/31/23	Employers	Beth Richards, MOCAN			
Provide technical assistance to AAEBI program leaders, including leader training, national course licensure and data management for each AAEBI.	7/1/22	6/30/23	Program Leaders	Jim Pruitt, Beth Richards			
Maintain contracts for 7 regional arthritis centers to coordinate AAEBI implementation in their region.	7/1/22	7/1/23	Contractors	DHSS			
Update list of potential adopters of AAEBI implementation and referral	7/15/21	7/15/21	Adopters	Beth Richards, Jim Pruitt, RACs			
Create new or identify existing CDC social media	8/1/21	9/15/22	Persons with arthritis & other chronic conditions	Beth Richards, Jim Pruitt, DHSS Public Information			

messages on AAEBI					
programs.					
Release 3 social	07/1/21	6/30/22	Persons with	Jim Pruitt,	
media messages on			arthritis &	Beth Richards,	
AAEBI per quarter.			other chronic	RAC	
			conditions	Coordinators	
Make AAEBI	10/1/22	3/1/23	Community	RAC	
presentation to 2			organizations,	Coordinators,	
potential adopters in			employers,	Beth Richards	
each RAC region and			healthcare		
3 health plans.			providers,		
·			health plans,		
			etc.		
Update fact sheet on	9/1/22	11/1/22	Partner	Jim Pruitt,	
arthritis related			Network	DHSS Ofc. Of	
BRFSS data for past				Epidemiology	
five years.					
Post BRFSS fact sheet	11/15/22	11/30/22	Partner	Jim Pruitt,	
on MAOP and DHSS			Network,	Beth Richards	
websites and email			Public		
to partners.					
Call the partners,	12/1/22	12/20/21	Partners,	Beth Richards,	
organizations,			community	RACs	
employers,			organizations,		
healthcare providers,			employers,		
health plans, etc. to			healthcare		
ask how they will			providers,		
sustain the programs			health plans,		
after the end of the			etc.		
five-year project					
period.					