COVID-19 Resources
Maintained by UMSL-MIMH Addiction Science team
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The COVID-19 pandemic is rapidly changing, with new information and guidance emerging hourly. We do know that people who use drugs and/or are in treatment or early recovery may be particularly vulnerable - both to the virus itself and the emotional toll of isolation - as are many of you who are in clinical positions on the front lines.

Below is a compilation of what are hopefully helpful summary points, links, and resources in the areas noted below. Of course, this information could change daily!

If you and your teams have additional suggestions for how we can collectively mitigate risk and decrease danger, please share with this group. We are all in this together.

General Health   Tracker   First responder   Harm reduction

Housing/Homelessness   Treatment   Healthcare   Virtual Recovery

Assistance   Mental Health   Multi Language Coronavirus Information

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Category	Resource	Description
General Health	[WHO: How to protect yourself against COVID-19](#)	Youtube video from the World Health Organization that talks about how to protect yourself against COVID-19 (1 min 30 sec).
General Health	[Missouri's COVID-19 website](#)	The Missouri Department of Health and Senior Services (DHSS) activated a statewide public hotline for citizens or providers needing guidance regarding the COVID-19. The hotline is 877.435.8411. The hotline is operated by medical professionals and is available 24 hours a day, 7 days a week.
General Health	[CDC Coronavirus Disease 2019 (COVID-19) Print Materials](#)	This link provides PDFs of posters and materials that can be distributed electronically and printed.
Tracker	[John Hopkins Coronavirus Resource Center](#)	Interactive map of global COVID-19 cases from John Hopkins University & Medicine
First responder	[CDC: Interim Guidance for Emergency Medical Services (EMS) Systems and 911 Public Safety Answering Points (PSAPs) for COVID-19 in the United States](#)	This guidance applies to all first responders, including law enforcement, fire services, emergency medical services, and emergency management officials, who anticipate close contact with persons with confirmed or possible COVID-19 in the course of their work.
First responder	[CDC: What Law Enforcement Personnel Need to Know about Coronavirus Disease 2019 (COVID-19)](#)	Information about COVID-19 for Law Enforcement Personnel Click [here](#) for PDF version
First responder	[COVID-19 Law Enforcement Virtual Briefing](#)	Time: Mar 19, 2020 01:00 PM in Eastern Time (US and Canada) The National Police Foundation (NPF), Major Cities Chiefs Association (MCCA) and the Police Executive Research Forum (PERF) are collaborating together to provide a virtual briefing for law enforcement executives from the

		Centers for Disease Control's (CDC's) National Institute for Occupational Safety and Health (NIOSH) and Public Health Service (PHS). This virtual briefing will be conducted via online conference and will feature medical officers from NIOSH, remarks by law enforcement executives, and a question and answer period. The virtual conference will be recorded and made available for those who cannot participate at the time of the event. For questions about the event, please contact: info@policefoundation.org
Harm reduction	COVID-19 Guidance for People Who Use Drugs and Harm Reduction Programs	Guidance for people who use drugs and harm reduction programs during COVID19. These resources were created by the Harm Reduction Coalition in collaboration with Higher Ground Harm Reduction, Reynolds Health Strategies, and Vital Strategies. Click here for PDF on Syringe Services and Harm Reduction Provider Operations During the COVID-19 Outbreak Click here for PDF on Safer Drug Use During the COVID-19 Outbreak
Harm reduction	Never Use Alone	Never using alone can be difficult during isolation/quarantine. If you do, visit Never Use Alone first and call: 800-484-3731 – they will stay on the phone with you while you use and if you're unresponsive they will call 911 (and you will be legally protected by Missouri's Good Samaritan law) If you live in a rural area and need naloxone, contact https://nextdistro.org/ and some can be mailed to you
Harm reduction	Coronavirus and Harm Reduction	Advice about what can be done to reduce risk of Coronavirus for people who use drugs. From US Harm Reduction Coalition, Crew2000, Russell Newcombe (@TheNewImpostor), and @drugsmeter
Harm reduction	Harm Reduction Coalition for virtual office hours to ask questions about the impact	Topic: Harm Reduction, COVID-19 and People Who Use Drugs: Office Hours with Harm Reduction Coalition

	of COVID-19 on harm reduction programs, syringe service programs, or outreach work for people who use drugs, sex workers, and people vulnerable to structural violence	Description: We answer any and all of your questions about COVID-19, harm reduction programs, syringe service programs, outreach work and medical questions about COVID-19 and drug use/sex work. Please share any questions you have in the registration. Additional questions can be sent to covid19@harmreduction.org Time: Mar 18, 2020 12:30 PM in Pacific Time (US and Canada)
Housing/ Homeless-ness	National Health Care for the Homeless Council: COVID-19 Resources	This site has dozens of very helpful links, FAQs, example protocols, and fliers to print for your waiting areas ("Cover your Cough" pdf, etc).
Housing/ Homeless-ness	COVID-19 ("Coronavirus") Information and Resources from the US Department of Housing and Urban Development	
Housing/ Homeless-ness	Homelessness Assistance Programs: Disease Risks and Homelessness	
Housing/ Homeless-ness	CDC: Interim Guidance for Homeless Shelters	This provides guidance to larger facilities (transitional housing, permanent supportive housing, emergency shelters, SUD treatment centers, etc.), in preparation for, and in the event of, an occurrence of COVID-19.
Housing/ Homeless-ness	CDC: Preventing the Spread of Coronavirus Disease 2019 in Homes and Residential Communities	
Homeless-ness	Infectious Disease Toolkit for Continuums of Care: Preventing & Managing the	Document on Street Outreach safety: During an infectious disease outbreak, every worker doing outreach activities with clients should carry the following supplies (per visit)

	[Spread of Infectious Disease for People Experiencing Homelessness](#)	‣ Two pairs of disposable rubber gloves ‣ Two pairs of non-latex, puncture-proof gloves ‣ Two N95 Respirators ‣ Two pairs of goggles ‣ One bottle of personal hand sanitizer ‣ 10 moist (preferably alcohol-soaked) hand wipes ‣ Insect-repellent wipes
Treatment	[Drug Enforcement Administrations (DEA), Diversion Control Division: COVID-19 Information Page](#)	New guidance issued today from the DEA states the in-person evaluation visit with a prescribing provider is no longer required, due to the declaration of a public health emergency in the U.S. This is most applicable to those of you wanting to deliver buprenorphine treatment via telemedicine platforms only -- this is now okay to do without an in-person visit. Note the language specifies the service is delivered through 'audio-visual' communication (not 'audio' only, i.e., phone call), meaning they want a webcam or phone camera involved.
Treatment	[Notification of Enforcement Discretion for telehealth remote communications during the COVID-19 nationwide public health emergency](#)	no need to comply with HIPAA - can use day to day communication devices)
Treatment	[SAMHSA newly-released guidance on Opioid Treatment Programs (methadone clinics)](#)	Main points: - Give more take-home doses if at all possible – both to reduce transmission and to prepare for decreased access in the future - Utilize telehealth for counseling - Create/refine your disaster plan for alternative dosing sites, decreased staff, etc. - IF PATIENT IS QUARANTINED/IN ISOLATION: - Identify a trustworthy, patient designated, uninfected 3rd party, i.e. family member, neighbor, to deliver the medications using

		the OTP's established chain of custody protocol for take home medication - If a trustworthy 3rd party is not available or unable to come to the OTP, then the OTP should prepare a "doorstep" delivery of take home medications. Any medication taken out of the OTP must be in an approved lock box.
Treatment	SAMSHA: Opioid Treatment Program (OTP) Guidance	Opioid Treatment Program (OTP) Guidance from SAMHSA. SAMHSA recognizes the evolving issues surrounding COVID-19 and the emerging needs OTPs continue to face. SAMHSA affirms its commitment to supporting OTPs in any way possible during this time. As such, we are expanding our previous guidance to provide increased flexibility. FOR ALL STATES WITH DECLARED STATES OF EMERGENCY The state may request blanket exceptions for all stable patients in an OTP to receive 28 days of Take-Home doses of the patient's medication for opioid use disorder. The state may request up to 14 days of Take-Home medication for those patients who are less stable but who the OTP believes can safely handle this level of Take-Home medication. FOR STATES WITHOUT A DECLARED EMERGENCY Each OTP can provide a blanket exemption request for its clinic per the guidance above (i.e., up to 28 days for stable patients and up to 15 days for less stable patients). These requests do not have to be submitted on a per-patient basis. Programs and states should use appropriate clinical judgment and existing procedures to identify stable patients. Please note an increased medication supply will likely accompany these requests. Therefore OTPs and states must ensure that there is enough medication ordered and on hand to meet patient needs.
Treatment	CA-BRIDGE COVID-19 National Emergency Response	Main categories: ● Keeping patients and providers safe (e.g., minimize in person visits, max Rxs)

		● Keeping Substance Use Navigators safe from infection (e.g., not physically present in clinical spaces) ● Caring for people on buprenorphine or methadone who are quarantined/isolated/high-risk ● Reducing harm for people who use drugs (e.g., drug use hygiene)
Treatment	SAMHSA: Disaster Planning Handbook for Behavioral Health Treatment Programs	This Technical Assistance Publication (TAP), Disaster Planning Handbook for Behavioral Health Treatment Programs, provides guidance, and the underlying rationale, for management and staff as they work together to create a comprehensive, scalable, and flexible disaster plan. This resource can be used by management and the program's disaster planning team as they develop or update program processes, procedures, and written reference tools that support a rapid and effective response when a disaster occurs.
Treatment	MoHealthNet Division Revised HOT TIP on TELEHEALTH	The MO HealthNet Division (MHD) is responding to "COVID-19".. MO HealthNet covers Telehealth services. MO HealthNet allows licensed health care providers enrolled with MO HealthNet to provide telehealth services if the services are within the scope of practice for which the health care providers are licensed. The services must be provided with the same standard of care as services provided in person. Telehealth services may be provided to a MHD participant, while at home, using their telephone. The originating site facility fee cannot be billed to MO HealthNet when the originating site is the participant's home. There is not a separate telehealth fee schedule. Reimbursement to health care providers delivering the medical service at the distant site is equal to the current fee schedule amount for the service provided.

		Please find information regarding Telehealth billing and reimbursement here: **https://dss.mo.gov/mhd/providers/pdf/bulletin41-20-2018.pdfPDF Document**. You can also view the Missouri Telehealth law here: **191.1145**, **191.1146**, **208.670**, and **208.677**. During this event, MO HealthNet is waiving the requirement that physicians must have an established relationship with the patient before providing services via telehealth. MHD will also waive the co-payment for any services provided by means of Telehealth, during this event. This Hot Tip also applies to providers that are contracted with the Managed Care Organizations.
Healthcare	COVID-19: Potential Implications for Individuals with Substance Use Disorders	Blog discussing how COVID-19 could impact those who use drugs released by the NIH National Institute on Drug Abuse
Healthcare	BJC Healthcare: COVID-19 Information	Updates from BJC regarding COVID-19 - such as visitation policies and health care information.
Healthcare	COVID 19: Occupational Health	WHO resources for protection of health workers and emergency responders
Virtual Recovery	Calendar of SMART Recovery online meetings	
Virtual Recovery	Calendar of In The Rooms – A Global Recovery Community online meetings	
Assistance	Ameren - COVID-19 response	payment assistance
Assistance	Spire - COVID-19 response	

Assistance	Department of Labor: Coronavirus (COVID-19) Information	If any residents have become unemployed or temporarily out of work, this is the MO Department of Labor FAQ to see if they qualify unemployment.
Assistance	Small Business Administration	There may be some financial resources for providers through the Small Business Administration. Disaster Relief: www.SBA.gov/Disaster SBA Disaster Assistance in Response to the Coronavirus: Coronavirus (COVID-19)
Mental Health	CDC: Reducing Stigma	
Mental Health	CDC: Manage Anxiety & Stress	

Multi Language Coronavirus Information
(languages in alphabetical order)

Language	Resource
Multi	[CDC Resources in Languages Other than English](#)
Multi	[A Round-Up of Multilingual Resources on COVID-19](#)
Multi	[Coronavirus (COVID-19) Resources](#)
Multi	[Stop the Spread of Germs Flyer - Multiple Languages](#)
Amharic	[COVID-19 (በፈት "ኖቬል ኮሮናቫይረስ" ተብሎ የሚታወቀዉ) የህዝብ ጤና ምክረ ሃሳቦች COVID-19 Public Health Recommendations in Amharic](#)
Amharic	[How to Take Your Oral Temperature (Amharic)](#)
Amharic	[Social Distancing Graphic (Amharic)](#)
Amharic	[High Risk/Senior Guidance (Amharic)](#)
Amharic	[Symptoms of COVID-19 (Amharic)](#)
Amharic	COVID-19 in Amharic (PDF)
Amharic	[Amharic: COVID-19 የህዝብ ጤና ምክረ ሃሳቦች (PDF)](#)
Arabic	[Arabic: COVID-19 توصيات الصحة العامة الخاصة ب (PDF)](#)
Arabic	[Arabic](#) Resources relating to COVID-19 (novel coronavirus)

Arabic	ماهو كوفيد ١٩ COVID-19 Information in Arabic
Arabic	ليل المراقبة الذاتية (Arabic) Self-Observation Guides in Alternate Languages
Arabic	COVID-19 in Arabic (PDF)
Arabic	توصيات الصحة العامة الخاصة ب COVID-19 COVID-19 Public Health Recommendations in Arabic
Bosnian	Stop Germs, Stay Healthy! Poster in Bosnian
Chinese	COVID-19 公共衛生局建議 COVID-19 Public Health Recommendations in Chinese
Chinese	Social Distancing Graphic (Chinese)
Chinese	High Risk/Senior Guidance (Chinese)
Chinese	How to Take Your Oral Temperature (Chinese)
Chinese	Stop Stigma Poster Chinese (PDF)
Chinese	COVID-19 in Chinese (PDF)
Chinese	Symptoms of COVID-19 (Chinese)
Chinese	新型冠狀病毒 Novel Coronavirus Information in Chinese 2019
Chinese	Chinese, simplified Resources relating to COVID-19 (novel coronavirus)

Chinese	关于冠状病毒疾病 2019 (COVID-19) 您需要知道什么 Fact Sheet: What You Need to Know: Simplified Chinese
Chinese	COVID-19 患者有轻度至重度 的呼吸系统疾病。 Poster: Symptoms of Coronavirus Disease 2019: Chinese
Chinese	Fact Sheet: What to Do if You are Sick: Chinese
Chinese	Chinese Simplified: 新型冠状病毒 (PDF)
Chinese	Chinese Traditional: 新型冠狀病毒 (PDF)
Chinese	新型冠状病毒相关信息 COVID-19 Information in Simplified Chinese
Chinese	冠狀病毒資訊傳單 COVID-19 Information in Traditional Chinese
Farsi	Farsi Resources relating to COVID-19 (novel coronavirus)
French	French Resources relating to COVID-19 (novel coronavirus)
French	COVID-19: Recommandations de la Santé Publique COVID-19 Public Health Recommendations in French
French	Symptoms of COVID-19 (French)

French	Consignes d'Auto-surveillance (French) Self-Observation Guides in Alternate Languages
French	How to Take Your Oral Temperature (French)
French	High Risk/Senior Guidance (French)
French	Social Distancing Graphic (French)
German	German Resources relating to COVID-19 (novel coronavirus)
Hindi	Hindi: COVID-19 Public Health हिदायते (PDF)
Hmong	HMONG Resources for COVID-19 (coronavirus) Response
Hmong	COVID-19 in Hmong (PDF)
Indonesian	Indonesian Resources relating to COVID-19 (novel coronavirus)
Italian	Italian Resources relating to COVID-19 (novel coronavirus)
Japanese	Japanese Resources relating to COVID-19 (novel coronavirus)
Japanese	Japanese: COVID-19（新型コロナウィルス）に関する公衆衛生上の推奨事項 (PDF)

Japanese	[COVID-19 (新型コロナウィルス）に関する公衆衛生上の推奨事項](#) [COVID-19 Public Health Recommendations in Japanese](#)
Karen	[COVID-19 in Karen (PDF)](#)
Khmer	[អន្សាសន៍នៃសុខភាពសាធារណៈ៖ ពីជំងឺខ្ញុំវីដ-១៩ COVID-19](#) [COVID-19 Public Health Recommendations in Khmer](#)
Khmer	[Khmer: វីរុសក្ខរ៉ូណាប្រភេទថ្មី (PDF)](#)
Kinyarwanda	[Igitabu cy'Ingene Wakwisuzuma Ubwawe](#) (Kinyarwanda) Self-Observation Guides in Alternate Languages
Korean	[COVID-19 공중보건국 권장 사항](#) [COVID-19 Public Health Recommendations in Korean](#)
Korean	[Korean](#) Resources relating to COVID-19 (novel coronavirus)
Korean	[Symptoms of COVID-19 (Korean)](#)
Korean	[Stop Stigma Poster Korean (PDF)](#)
Korean	[Social Distancing Graphic (Korean)](#)
Korean	[How to Take Your Oral Temperature (Korean)](#)
Korean	[High Risk/Senior Guidance (Korean)](#)
Korean	[Korean: 신종 코로나바이러스 (PDF)](#)

Marshallese	COVID-19 Public Health Komelele ko COVID-19 Public Health Recommendations in Marshallese
Nepali	आत्म-अवलोकन ननर्देशिकाा (Nepali) Self-Observation Guides in Alternate Languages
Portugeuse	Guia de Auto-observação (Portugeuse) Self-Observation Guides in Alternate Languages
Russian	Russian: Новый штамм коронавируса (PDF)
Russian	COVID-19 in Russian (PDF)
Russian	COVID-19 Рекомендации Отдела Общественного Здравоохранения COVID-19 Public Health Recommendations in Russian
Somali	COVID-19 Talooyin Ka haayada caafimaadka ee dadweynaha COVID-19 Public Health Recommendations in Somali
Somali	COVID-19 in Somali (PDF)
Somali	Somali: Caabuqa Xalfaafka Wadnaha (PDF)
Spanish	COVID-19 in Spanish (PDF)
Spanish	Spanish: Nuevo coronavirus (PDF)
Spanish	Novel Coronavirus COVID-19 en Español COVID-19 Information in Spanish

Spanish	Los pacientes con COVID-19 han presentado enfermedad respiratoria de leve a grave. Poster: Symptoms of Coronavirus Disease 2019: Spanish	
Spanish	Fact Sheet: What to Do if You are Sick: Spanish	
Spanish	Lo que necesita saber sobre la enfermedad del coronavirus 2019 (COVID-19) Fact Sheet: What You Need to Know: Spanish	
Spanish	How to Take Your Oral Temperature (Spanish)	
Spanish	High Risk/Senior Guidance (Spanish)	
Spanish	Social Distancing Graphic (Spanish)	
Spanish	COVID-19 Recomendaciones de Salud Pública COVID-19 Public Health Recommendations in Spanish	
Spanish	Symptoms of COVID-19 (Spanish)	
Spanish	Guía de autobservación (Spanish) Self-Observation Guides in Alternate Languages	
Spanish	Nuevo Coronavirus (Spanish)	
Swahili	Mwongozo wa Kujichunguza Binafsi (Swahili) Self-Observation Guides in Alternate Languages	
Tagalong	Tagalog: Mga Rekomendasyon ng Pampublikong Kalusugan sa COVID-19 (PDF)	

Tagalog	Mga Rekomendasyon ng Pampublikong Kalusugan sa COVID-19 COVID-19 Public Health Recommendations in Tagalog	
Te reo Māori	Te reo Māori Resources relating to COVID-19 (novel coronavirus)	
Thai	Thai Resources relating to COVID-19 (novel coronavirus)	
Thai	โควิด-19 (COVID-19) คำแนะนำจากสาธารณสุข COVID-19 Public Health Recommendations in Thai	
Thai	Thai: ไวรัสโคโรนาสายพันธุ์ใหม่ (PDF)	
Vietnamese	Vietnamese: Vi-rút Corona Mới (PDF)	
Vietnamese	THÔNG TIN VỀ VI-RÚT CORONA COVID-19 Information in Vietnamese	
Vietnamese	Social Distancing Graphic - (Vietnamese)	
Vietnamese	COVID-19 in Vietnamese (PDF)	
Vietnamese	How to Take Your Oral Temperature (Vietnamese)	
Vietnamese	Các Khuyến Khích Y Tế Công Cộng về Vi-rút COVID-19 COVID-19 Public Health Recommendations in Vietnamese	
Vietnamese	Coronavirus Mới (COVID-19)	

	2019 Novel Coronavirus Information in Vietnamese
Vietnamese	High Risk/Senior Guidance (Vietnamese)
Vietnamese	Symptoms of COVID-19 (Vietnamese)
Vietnamese	Stop Stigma Poster Vietnamese (PDF)
Vietnamese	hướng dẫn cách tự quan sát (Vietnamese) Self-Observation Guides in Alternate Languages