



**AGING WITH DIGNITY**  
Missouri's Master Plan on Aging

[www.health.mo.gov/aging](http://www.health.mo.gov/aging)



MISSOURI DEPARTMENT OF  
**HEALTH &  
SENIOR SERVICES**



# **Advisory Council Kick-off Meeting**

February 17, 2023  
10 am CST

# Agenda

- Welcome Remarks and Introductions
- What is a Master Plan on Aging (or multi-sector plan on aging)?
- Why, How, What
- General Overview
- Subcommittees
- What's next



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# Welcome Remarks: Lieutenant Governor Mike Kehoe



# Welcome Remarks



Paula Nickelson  
*Acting DHSS Director*



Melanie Highland  
*DSDS Director*

# Cabinet Advisory Council Members

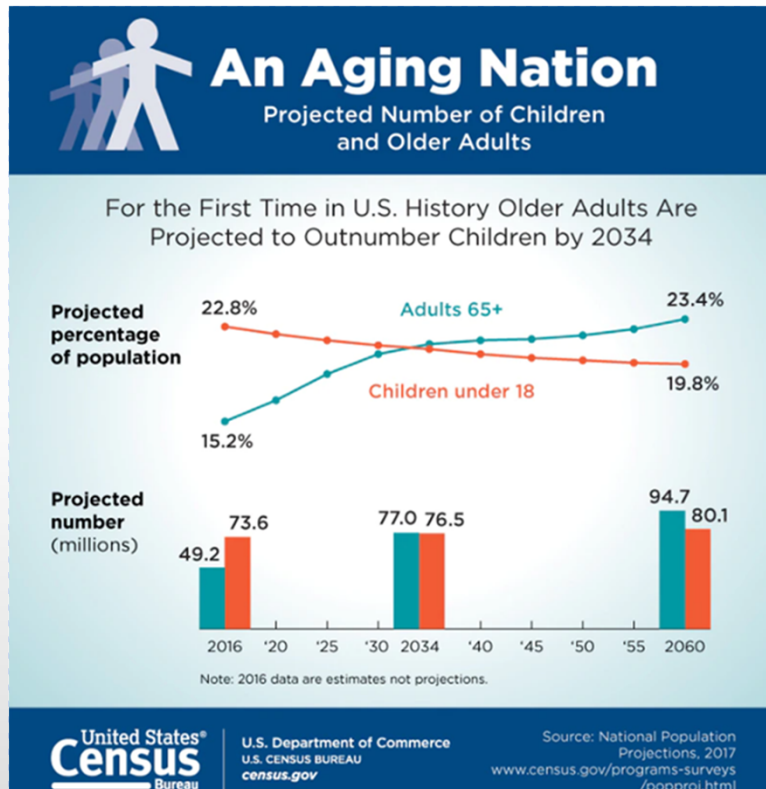
- Mike Kehoe, Lieutenant Governor
- Dru Buntin, Natural Resources
- Chris Chinn, Agriculture
- Major General Levon E. Cumpston, National Guard
- Val Huhn, Mental Health
- Anna Hui, Labor and Industrial Relations
- Sandy Karsten, Public Safety
- Robert J. Knodell, Social Services
- Maggie Kost, Economic Development
- Chlora Lindley-Myers, Commerce and Insurance
- Patrick McKenna, Transportation
- Jenni Miller, Housing Development
- Paula Nickelson, Health and Senior Services
- Sara Parker Pauley, Conservation
- Anne L. Precythe, Corrections
- Angel Surdin, Office of Minority Health
- Margie Vandeven, Elementary and Secondary Education
- Leroy Wade, Higher Education & Workforce Development
- Wayne Wallingford, Revenue
- Ken Zellers, Office of Administration



# Community Advisory Council Members

- Rep. Yolanda Fountain Henderson
- Sen. Mike Moon
- LaTasha Barnes, Legal Services
- Tiffany Bayer, Local Public Health Agencies
- Tim Brinker, County Commissioners Association
- Beth Brown, Senior Community Service Employment Program
- Alyssa Curran, Foundation for Health
- Jon Doolittle, Hospital Association
- Dr. Craig Escude, IntellectAbility
- Jay Hardenbrook, MO AARP
- Deb Hobson, Centers for Independent Living
- Cindy Hultz, Association of Councils of Governments
- Lana Johnson, ma4
- Paul Kirchoff, Veterans Commission
- Sarah Lovegreen, Alzheimer's Association
- Jamie Opsal, Aging and Disability Advocacy Network
- Nancy Pennington, Missouri Association of County Developmental Disabilities Services
- Sheli Reynolds, UMKC Institute for Human Development
- Richard Sheets, Municipal League
- Angela Williams, Health Forward
- Tina Uridge, Senior Tax Levy Boards

# Background



- Missouri seniors age 60+ make up 24.39% of the population
- By 2034, Missouri seniors will make up more than 25% of Missouri's population (for the first time there will be more older adults than individuals younger than 18 years of age).
- This gap will continue to widen as the population continues to age with Missouri seniors predicted to greatly outnumber children by 2060.

Our Population is Aging

# What is a Master Plan on Aging?

A Master Plan on Aging is a living document that:

- Provides a clear framework to plan for ten years or more;
- Enables governors to communicate a clear vision and priorities for their state;
- Guides state and local policies of public and private programs toward aging with dignity;
- Reflects extensive input from the community, including people of all ages and abilities; and
- Allows the state to allocate funding or resources to implement initiatives from the Master Plan vs. reacting to individual stakeholder needs

## Differences between the State Plan on Aging and a Master Plan on Aging

<b>Metric</b>	<b>State Plan on Aging</b>	<b>Master Plan for Aging</b>
Requirement	Administration for Community Living Requirement for Funding	Not Required
Timeframe	4-Years (Next Plan due June 2023)	10-Years
Roadmap For	Aging Network (DHSS, Area Agencies on Aging and their Contractors)	All State Departments, State and Local Governments to work toward aging with dignity
Focus	Older American Act Funded Programs/Services: <ul style="list-style-type: none"> <li>• Supportive Services (Access, In-home, legal)</li> <li>• Nutrition (Congregate &amp; Home-delivered meals)</li> <li>• Disease Prevention Health Promotion</li> <li>• Family Caregiver Services</li> </ul>	All Relevant Needs of Seniors and Adults w/ Disabilities: <ul style="list-style-type: none"> <li>• Transportation</li> <li>• Housing (Universal Design/Home Modification)</li> <li>• Mental Health and Substance Abuse</li> <li>• Aging with Developmental Disabilities</li> <li>• Assistive Technology</li> <li>• Healthcare Access</li> <li>• Employment</li> </ul>
Coordination/ Input	Aging Network Providers (Area Agencies on Aging and their contractors)	All Providers of Programs and Services (all State Departments, State and Local Governments, All Contractors of these entities)

## Start with Why

- WHY: We all deserve to age with independence and dignity
- HOW: Deep engagement with Missourians across the state
- WHAT: 10 Year Master Plan on Aging

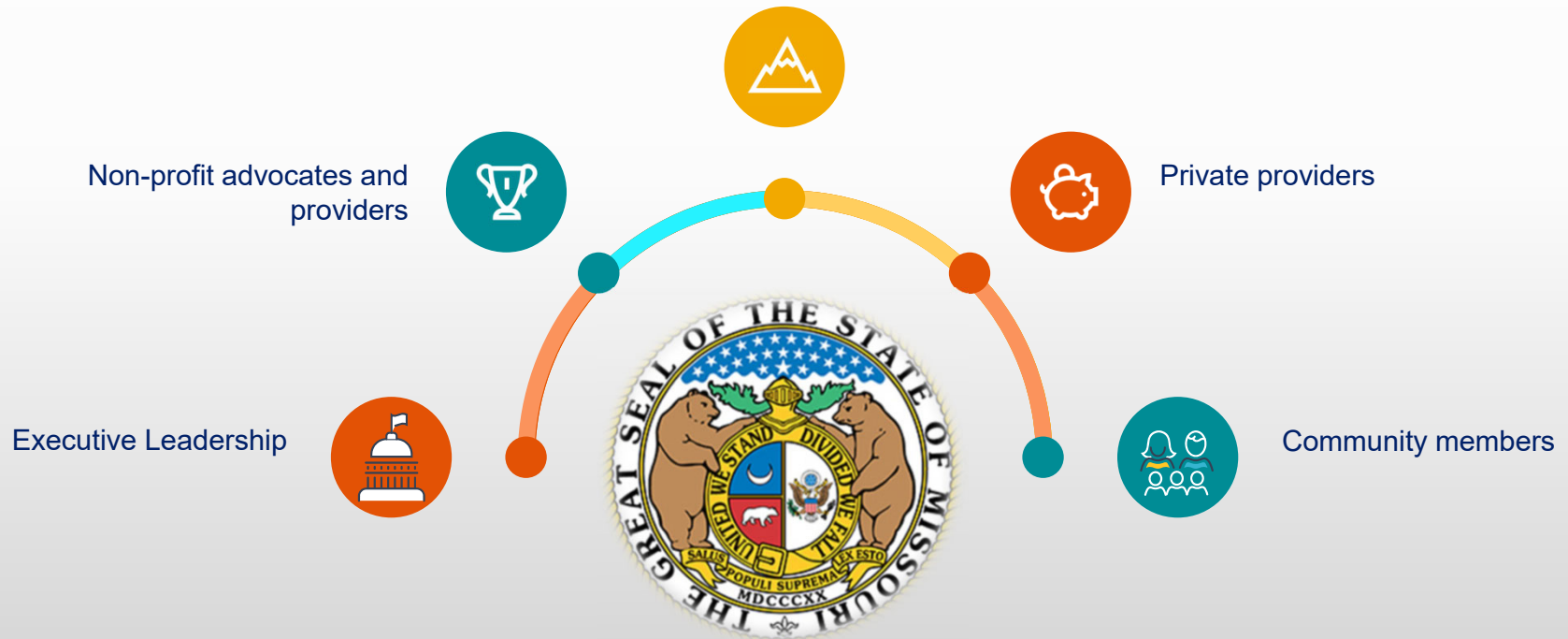


The Golden Circle (Simon Sinek)

# Ecosystem

It's going to take all of us

Business and community leaders



# Core Values

Equity

Include everyone

Access

No matter where you live

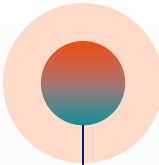
Choice

The more choices, the better

# Timeline Overview

## Multi-year Process

2023

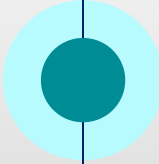


Governor Parsons issues Executive Order 23-01

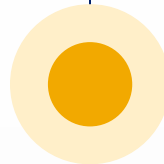
Establishes Advisory Council for the Master Plan on Aging

Advisory Council and subcommittee formation

Drives forward the work to create an MPA.  
Ambassadors for the MPA.







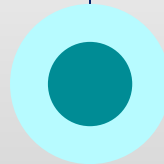
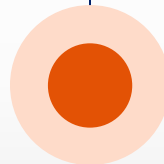
Scan of need assessments, publicly available data, develop survey

See what we can learn and what we still need to know.

2024

Community engagement: in-person and virtual town halls

Facilitated conversations with the community.



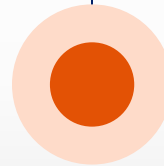
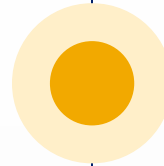
Identify current needs; prioritize common themes; connect needs to recommendations for future planning

Synthesize and reflect.

2025

Draft Master Plan on Aging consistent with stakeholder feedback and data analysis

Put it all together.



Final Master Plan on Aging, 2026-2035

Submit for Governor's signature by December 31, 2025.

# Subcommittees: Our Focus





Subcommittee

# Transportation & Mobility

Co-chairs: TBD

How do we get to where we need and want to go?

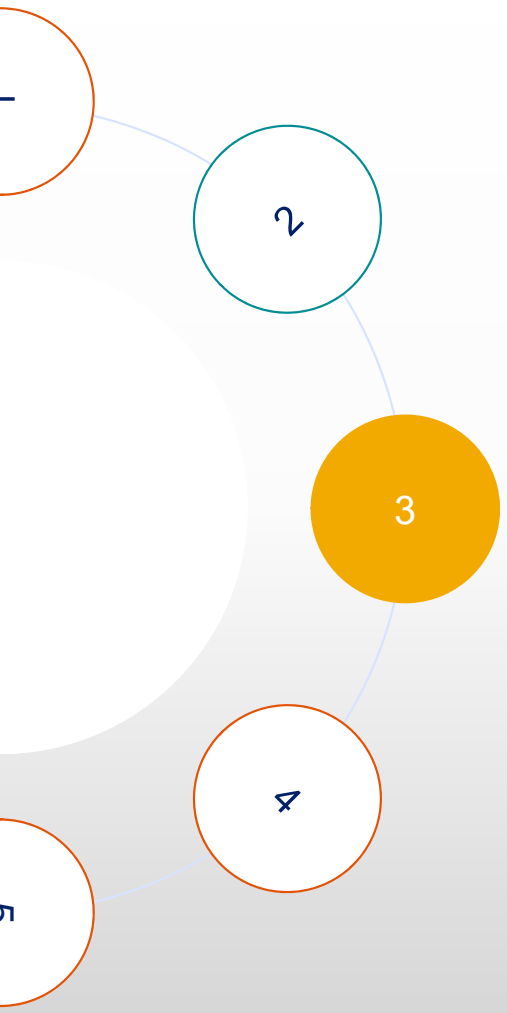


Subcommittee

# Housing / Aging in Place

Co-chairs: Kip Stetzler(Economic Development); Wayne Crawford (MO Inclusive Housing)

How can we live safely in the communities we know and love?

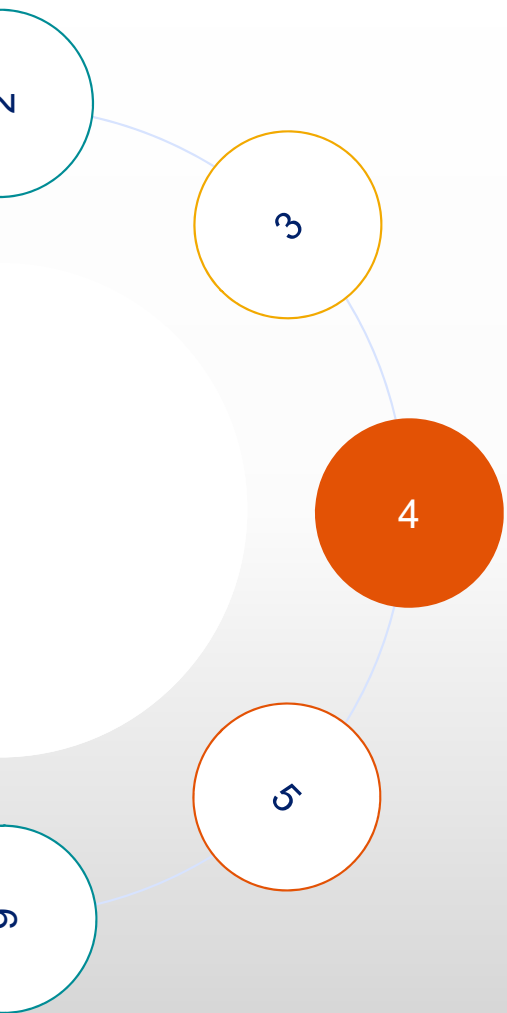


Subcommittee

# Whole Person Health

Co-chairs: Jacqueline Miller (DHSS); TBD

How can we make sure we're taking care of our whole selves as we age?

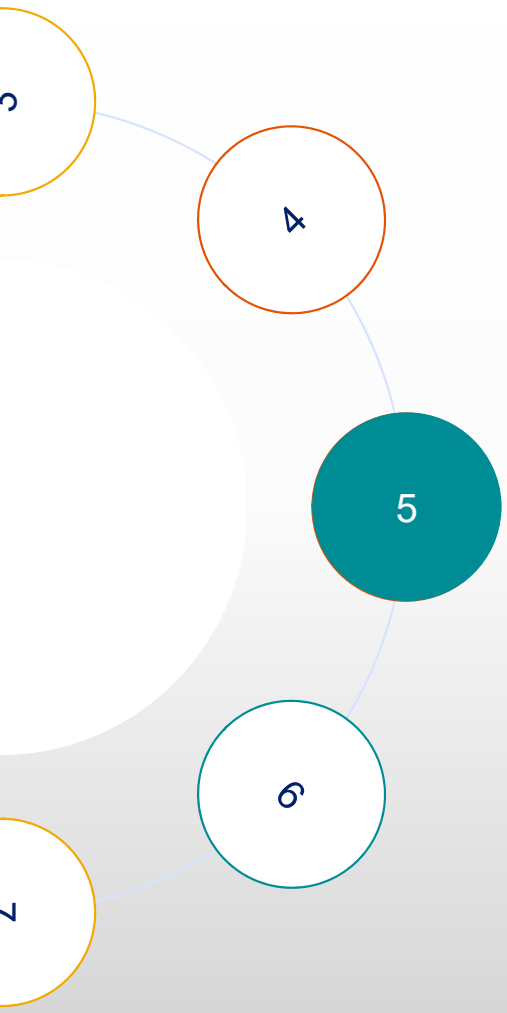


Subcommittee

# Daily Life & Employment

Co-chairs: Commissioner Leroy Wade (Higher Education / Workforce Development); Beth Brown (MERS Goodwill)

How can the community support all elements of daily life (employment, volunteerism, civic connections, relationships, etc.) as we age?



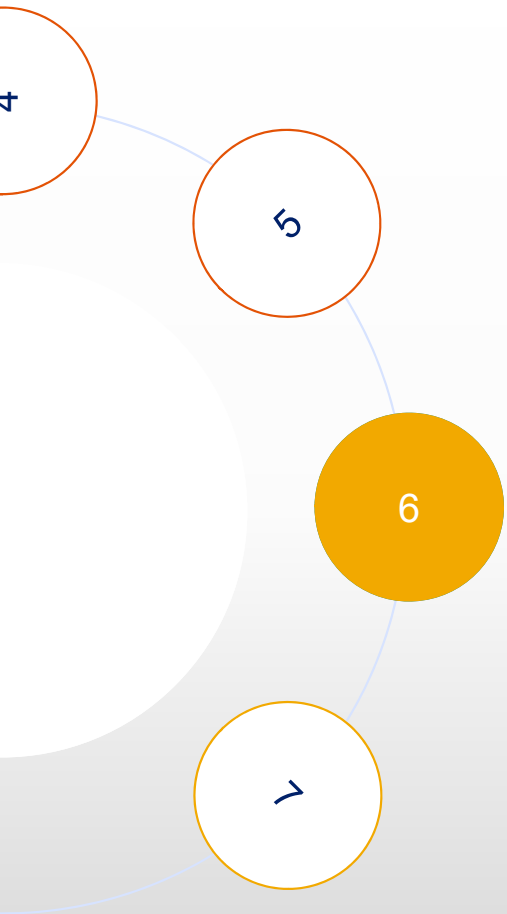
Subcommittee

# Safety & Security

Co-chairs: Director Sandy Karsten (Public Safety); Catherine Vannier (MO Association of Prosecuting Attorneys)

How can we end financial fraud, abuse, neglect, and exploitation, and ensure emergency preparedness for vulnerable populations?



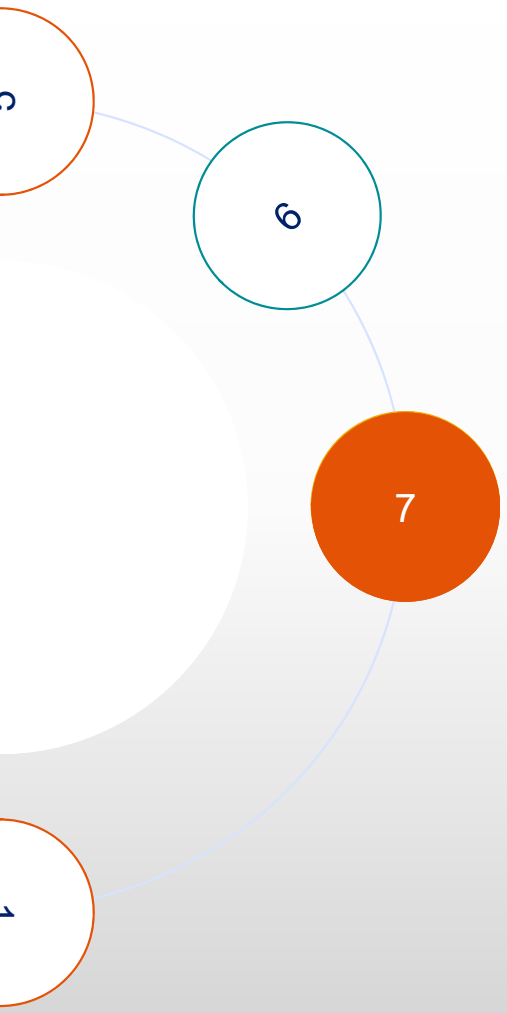


Subcommittee

# Family Caregiving

Co-chairs: Director Robert Knodell (DSS); Sarah Lovegreen (Alzheimer's Association)

How can we prepare and support family caregivers?



Subcommittee

# Long-Term Services and Supports

Co-chairs: Jessica Bax (DMH); Carol Hudspeth (MO Alliance for Home Care)

How can we make sure people receive the care they need as they age?

# 2023 Timeline

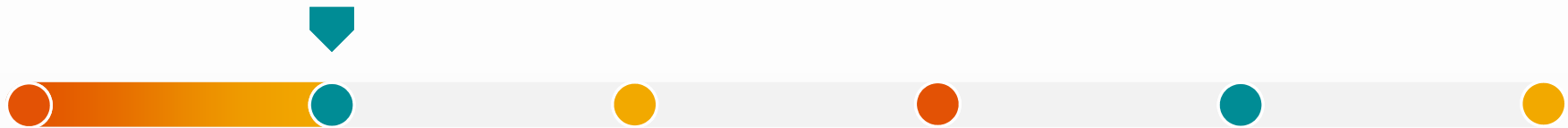
A look at this year



AC Kick-off meeting  
Overview, goals, subcommittees.

# Timeline

A look at this year

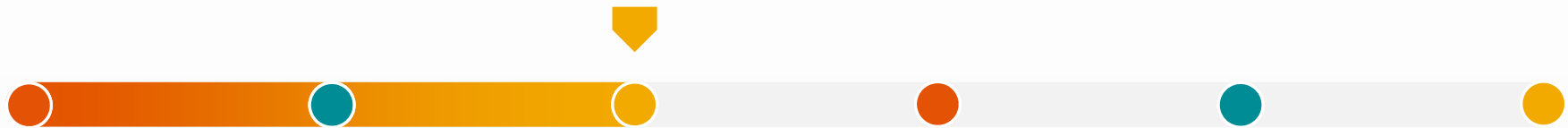


AC Kick-off  
Overview, goals, subcommittees.

Subcommittee Meetings  
Dig into the work.

# Timeline

A look at this year



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Dig into the work.

2<sup>nd</sup> AC Meeting  
Finalize subcommittee formation,  
membership, and reporting structure.

# Timeline

A look at this year



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Available needs assessments  
Quarterly reporting to present to  
subcommittees.

# Timeline

A look at this year



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Develop Draft Survey  
Time to fill in what's missing.

# Timeline

A look at this year



AC Kick-off  
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Subcommittee Meetings  
Dig into the work.

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Available needs assessments  
Quarterly reporting to present to subcommittees.

Develop Draft Survey  
Time to fill in what's missing.

4<sup>th</sup> AC Meeting  
Finalize survey and administration  
Plan for 2024.



## Next Steps

- Cabinet agencies:
  - Identify relevant agency programs / services operated by Missouri and send to Laura Newland **by March 10, 2023**
  - Identify designees if needed
- Advisory Council members:
  - Tell us what you're interested in! Data? Surveys? Stakeholder involvement?
  - What subcommittees are you interested in?
- Subcommittee co-chairs:
  - Agency programs / services will be provided to relevant subcommittees
  - Hold first subcommittee meeting before **April 21, 2023**

# Hold the Dates!

## Future Advisory Council Meetings

2023

April 21: 10-12 CDT

July 21: 10-12 CDT

October 20: 10-12 CDT

2024

Jan 19: 10-12 CST

April 19: 10-12 CDT

July 19: 10-12 CDT

October 18: 10-12 CDT

2025

Jan 17: 10-12 CST

April 18: 10-12 CDT

July 18: 10-12 CDT

October 17: 10-12 CDT



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