

Benefits OF REGULAR MAMMOGRAMS

Regular mammograms may help some women detect cancerous lumps early



1 cm = size of a pea



2 cm = size of a peanut



3 cm = size of a grape



4 cm = size of a walnut

Examples above are for illustrative purposes only
Source: National Cancer Institute



SHOW ME HEALTHY WOMEN

920 Wildwood Drive
PO Box 570
Jefferson City, MO 65102-0570

Health.Mo.Gov

The Show Me Healthy Women program is funded by the Centers for Disease Control and Prevention, Grant No. 6NU58DP006299.

AN EO/AA employer. Services provided on a nondiscriminatory basis. Individuals who are deaf, hard-of-hearing, or have a speech disability can dial 711 or 1-800-735-2966.

Lit. # 505

Free

MAMMOGRAMS & PAP TESTS

- FOR THOSE WHO QUALIFY -



Missouri Department of Health &
Senior Services

Thousands OF MISSOURI WOMEN

are eligible for a FREE Mammogram and women's wellness services. You may qualify if you meet the age and income requirements, which can be found at Health.Mo.Gov.

MAMMOGRAPHY

Mammography can detect some breast cancer about two years before physical symptoms develop.

PAP & HPV TESTS

Half of the women diagnosed with cervical cancer are between the ages of 35 and 55.

HEART DISEASE & STROKE

The WISEWOMAN Program within the Missouri Department of Health & Senior Services provides prevention services to women to help women reduce their risk of heart disease and stroke.



Free Exams

THROUGH SHOW ME HEALTHY WOMEN

Women **age 50 to 64 or older** (if not covered by Medicare Part B) may be eligible for free:

- Pap tests, HPV testing and pelvic exams
- Clinical breast exams
- Mammograms and diagnostic services

Women **age 35 to 49** may be eligible for free:

- Pap tests, HPV testing, pelvic exams and clinical breast exams
- Diagnostic services for breast or cervical screenings that are suspicious for cancer

Women **age 40 to 65** - if not covered by Medicare Part B - may be eligible for free*:

- Cardiovascular tests (blood pressure, diabetes and cholesterol)
- Lifestyle management counseling

* Services may be limited to certain areas *

Free Treatment

THROUGH MEDICAID'S BCCT PROGRAM

Free treatment for breast or cervical cancer through a special Medicaid program, Breast and Cervical Cancer Treatment (BCCT), may be available to Show Me Healthy Women clients who are diagnosed with cancer through a program provider. BCCT treatment services must be received in state of residence and is not available to women who are not citizens of the United States.



Call now for the closest facility to your area that provides Show Me Healthy Women breast and cervical cancer screenings and heart health risk screenings.

To make an appointment with
Show Me Healthy Women

Call Toll Free:
1-866-726-9926
or
573-522-2845

Free transportation available.